



**4TH TUESDAY OF EVERY
MONTH
2:00 P.M.**

CAREGIVER SUPPORT INFORMATION

Anyone caring for a person 60+ years of age is invited to join one of our groups. By working together, participants can help each other cope with effects of disease and aging. Group members openly discuss their feelings, experiences and fears in a non-judgmental and supportive atmosphere. Practical issues such as health care assistance, dealing with behaviors, respite and much more are discussed.



of the Permian Basin Regional Planning Commission
funded by Texas Department of Health and Human Services Commission

**Investigate
Solutions to
Caregiving
Challenges**

**Located at
The Courtyards**

**201 Parks Village Dr.
Odessa, TX 79765**

**For more information,
Contact**

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