



THE COURTYARDS

ASSISTED LIVING AND MEMORY CARE

201 Parks Village Drive • Odessa, TX 79765 • (432) 339-1048

August 2019

Courtyards Management

Dennis Rivera ED
 Beatriz Molina CRD
 Jodi Arnold BOM
 Lizette Cantor Secretary
 Kori Olivas WA
 Nikki Porras Activities
 Caroline Chavez .. Chef Manager
 Alvaro Gonzalez MAINT



Happy Birthday!

Coralie Brown	8-04
Milo Mays	8-05
Beryl Nielson	8-16
Melba Sykes	8-18
Robert Knight	8-30



Resident of the Month

HONOR



Mimi Merritt. We honor her as the Resident of the Month. She is always up early to deliver the newspaper.

She is very helpful to staff and residents. She has this smile that when you're feeling sad all she has to do is smile at you. She is the one everyone looks up to. She has respect for everyone, likes to play bingo, and loves our socials. Thank you for being a part of our family at The Courtyards. We all love you!

Positive Thought

"I am not afraid of tomorrow, for I have seen yesterday and I love today." —William Allen White



From the Executive Director

Greetings to all our residents! We are so happy you have made your home in our community. If you have any questions or concerns, or simply want to say "hello," please stop by my office! My door is always open, and I would love to hear from you.



Act of Kindness

Random Act of Kindness

Praise the work of a child, a friend, a partner or a co-worker.



Trivia Whiz

Get to Know Graceland

Elvis Presley’s sprawling Graceland estate in Memphis, Tenn., opened to the public in 1982. Get all shook up with these facts about the King’s home.

The original owners named the property Graceland, after a female relative.

In 1957, at age 22, Presley bought the home and surrounding land for \$102,500, which would be about \$920,000 today.

The mansion’s legendary music-themed iron gates were installed soon after the home’s purchase.

The Jungle Room was a favorite hangout for Presley, who wanted the room to remind him of Hawaii.

Drawing more than 600,000 visitors each year, Graceland is the second most-visited home in the U.S., after the White House.



Lots S'more

They say that bigger is better, and many would argue that you can’t get enough of a s’more, the campfire treat made with a roasted marshmallow and a square of chocolate sandwiched between graham crackers. Folks at a Pennsylvania campground created the world’s largest s’more in 2014, according to Guinness World Records. The colossal confection measured 5 feet by 5 feet and weighed 267 pounds.

A Tale of Two Teas

Tea was discovered in China more than 5,000 years ago when, according to legend, leaves from a bush fell into an emperor’s hot-water mug. Tea didn’t make it to America until 1650, when Portuguese traders left some with Dutch colonists in New Amsterdam (New York).

In 1904, at the St. Louis World’s Fair, a tea plantation owner attempted to give out samples of hot tea. A heat wave, however, made hot tea unappealing, so he filtered it through cooled pipes. “Iced” tea (ice was still a rarity), which was already popular in the south, became a hit around the country.

Green tea punches, spiked with alcohol, were common in Southern cookbooks as early as the mid-1800s.

Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season’s classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high.



As for “sweet” tea, some believe it gained popularity in the south after the Civil War and during Prohibition, when increased poverty and the ban on alcohol resulted in the inexpensive combination of tea, sugar and water.



‘Tea’ Is One

How many words can you come up with using the letters in “hot chocolate”?



Judy Garland Actress

Judy Garland was an American actress, singer, dancer, and vaudevillian. During a career that spanned 45 years, she attained international stardom as an actress in both musical and dramatic roles, as a recording artist, and on the concert stage.

Gene Kelly

Eugene Curran Kelly was an American dancer, actor of film, stage and television, singer, film director, producer, and choreographer. He was known for his energetic and athletic dancing styles, his good looks, and the likable characters that he played on screen.

Judy and Gene danced so well, and were in a few movies together (For Me and My Gal, Summer Stock, The Portland Fancy, The Pirate).



Marilyn and Liz: in the Hollywood of the fifties and sixties, no female movie stars were bigger. They were total opposites in the looks department. Though their paths rarely crossed, in 1962, their lives would intersect in a big way.

Elizabeth Taylor

Dame Elizabeth Rosemond Taylor DBE was a British American actress, businesswoman, and humanitarian. She began her career as a child actress in the 1940s, and was one of the most popular stars of classical Hollywood cinema in the 1950s.

Marilyn Monroe at the Movies

Marilyn Monroe was born June 1, 1926. In honor of her birthday, here are a few classic options for a Marilyn movie night.

"Niagara" (1953). One of her first starring roles was in this thriller, which features a memorable scene of the actress walking away from the camera. Artist Andy Warhol later used a promo shot from the film to make his iconic "Marilyn Diptych."

"The Seven Year Itch" (1954). Probably the most famous image of the blonde bombshell comes from this film, when Monroe stands above a subway grate, her skirt billowing above her knees.



Wit & Wisdom

"I look on life as a joyous adventure."
—Ernie Harwell

"Instead of trying to make your life perfect, give yourself the freedom to make it an adventure, and go ever upward."
—Drew Houston

"The biggest adventure you can take is to live the life of your dreams."
—Oprah Winfrey

"We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if only we seek them with our eyes open."
—Jawaharlal Nehru

"It's never too late in life to have a genuine adventure."
—Robert Kurson

"Adventure is worthwhile in itself."
—Amelia Earhart

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>August</i>				1	2	3
4	5	6	7	8		10
11	12	13	14	15	16	17
18		20	21	22	23	24
25	26	27	28	29	30	31

"This Month In History"

AUGUST

1902: Pioneering cookbook author Fannie Farmer opens a cooking school in Boston, Miss Farmer's School of Cookery.

1938: Hollywood dance duo Fred Astaire and Ginger Rogers are featured on the cover of Life magazine.

1948: As part of the Berlin airlift operation, American and British planes fly in a record 5,000 tons of supplies in one day to parts of the city cut off by a Soviet blockade.

1962: Little Eva travels to the top of the pop music chart with the hit song "Loco-Motion" and inspires a dance craze.

1975: The first nighttime match is played under lights at the U.S. Open tennis tournament in New York City.

1990: The largest and best-preserved Tyrannosaurus rex skeleton ever found is discovered in South Dakota. The 65 million-year-old dinosaur specimen is on display at Chicago's Field Museum.

2015: Facebook hits a milestone, reporting that 1 billion people logged on to the social networking website in a single day.